



# HCA Dress Code

updated 06.11.24

**Students are expected to adhere to HCA dress code at school, and at all school associated events on or off campus.** There are a limited number of exceptions to this rule such as:

- All field trips on which students are to wear an HCA t-shirt (class color) with jeans/shorts.
- Academic competitions where students will be required to dress as a team in traditional school uniform as found in consignment or ordered from approved Lands End items.

*It is impossible to anticipate every possibility in the area of dress. As situations present themselves and fashion trends change, we will modify the code as deemed necessary.* However, when questions arise concerning appropriateness of dress, the decision of administration is *final*.

If any student is found to be 'out of dress code', a parent/guardian will be called to bring appropriate clothing. If a parent/guardian is unable to bring the needed item(s), the student will be provided with what is needed and the student's school account will be billed.

## **Basic Guidelines for All Students PK4\* – 12<sup>th</sup> Grade**

Students' clothing at school and all school-related events (on and off campus) must be:

- Modest;
  - **Neat**, clean, safe, properly fitting (no visible undergarments, including bras) and in good repair (no rips or frays, even if manufactured that way);
  - Gender appropriate.
- \*Preschool will have modifications at admin and teacher discretion; HCA t-shirt only in PreK, as well.

### **Shirts/Sweaters/Sweat Shirts**

- HCA t-shirts ONLY. ONLY HCA printed t-shirts are the only t-shirts permitted.
- Collared golf shirts with small logo only.
- Girls can wear dressy blouse (blouses are defined as loose upper garments, typically with a collar, buttons, and sleeves).
- Sweaters/sweat shirts are permitted. **T-shirts and sweatshirts must be HCA printed only.**

### **Footwear**

- Clogs/sandals (with a heel strap), athletic, casual or dress shoes are permitted.
- Rubber-soled athletic shoes are required on the gym floor.

### **PE Uniform (6<sup>th</sup> – 12<sup>th</sup> grades)**

- Students in 6<sup>th</sup> – 12<sup>th</sup> grades enrolled in a PE class must order the PE uniform (black shorts and black athletic t-shirt) at <https://323sports.com/GHQS-B0Y4/>. Be aware of PE class schedule.

**See Reverse →**

## Grooming and Jewelry

- Hair must be well-groomed and of a natural color. (Hair may be dyed brown or blonde for example, but not blue, green or an unnatural shade of red, etc.) Extreme hair coloring and bleaching are prohibited. No mohawks, dreadlocks, mullets or similarly distracting cuts are allowed.

## Not Allowed

- Printed shirts/sweatshirts (other than HCA spirit wear)
- Athletic pants (including sweat pants) and athletic shorts
- Oversized pants that hang off the body or drag the floor
- Leggings are never permitted.
- Cut-offs
- Undershirts as outer garments
- Sleeveless shirts (tanks or spaghetti straps) as outer garments
- Halter tops, off-the-shoulder tops and tops that expose the midriff even when arms are raised
- Rolling of waistbands of shorts/skirts
- Flip flops or any shoe without a heel strap
- Crocs and similar types of shoes
- Hats and sunglasses indoors
- Headbands or other headdresses that are costumish (animal ears, wreaths, etc.)
- Sheer fabrics (inlays and otherwise)
- Tattoos – permanent or henna (or similar process)
- Any garment that makes implicit or explicit reference to:
  - Alcohol or drugs
  - Secular bands
  - Racially insensitive comments (including the rebel flag)
  - Symbols, pictures or any reference to a religion other than Christianity
  - Sexual innuendo
  - Any other subject deemed inappropriate

**Female Specific Guidelines** – In addition to the guidelines above, female students must also adhere to the following:

- Slacks & jeans.
- Shorts, skirts, dresses, skorts, and jumpers not shorter than 3 inches above the front and back of knee are allowed.
- Makeup and heels higher than one inch are not allowed for girls 5<sup>th</sup> grade and below.
- Piercing jewelry is only allowed in the ears – up to two piercings per ear.
- Hair may not be shaved or ‘buzzed’ close to the scalp – even in part.

**Male Specific Guidelines** - In addition to the guidelines above, male students must also adhere to the following:

- Slacks, jeans or shorts (no Chubbies or similar styles) are appropriate. Shorts must be no more than 3 inches above the knee cap.
- Hair must be cut off the collar and no longer than the eyebrows even when brushed straight forward. No braids, twists, buns, pony tails, etc. are allowed.
- Facial hair must be neat, short, clean and conservative.
- Piercing jewelry is not allowed on males.